

Emerging Spinecare Trends

Integrated Spinecare

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Spinecare of the future will be integrated, predictive, personalized, and preventive all of which will be influenced by regional, national and global initiatives. This process requires informatics. Individual spine specialists will rely less on their own expertise and more on the collective insights and efforts of an integrated or team approach and databases of information.

Spinecare will no longer be practiced individually. It will be practiced in integrated groups where the care can be delivered more efficiently and the patient can receive greater benefits. Healthcare professionals of various disciplines will develop a growing appreciation for the complexity of the spine which will encourage interdisciplinary efforts. The prioritization of cooperative and conservative intervention will continue to improve the outcome of spinecare. The American Academy of Spine Physicians is dedicated to facilitating integrated and evidence-based spinecare by providing educational opportunities and resources to healthcare professionals and the public. The AASP will keep its members informed by acknowledging advances in technology and techniques and by implementing novel communications technology to promote the development of interdisciplinary spinecare networks.

Progress in technology and diagnostic protocols will provide physicians and other spinecare professionals an opportunity to render an earlier and more accurate diagnosis. The scientific advances will enhance our understanding of spine tissue properties leading to more reliable indicators of tissue recovery and measures of therapeutic outcomes. The insights will facilitate a growing appreciation for the complexity of the spine which will encourage interdisciplinary efforts. In the multidisciplinary spinecare model, well-defined clinical algorithms and guidelines will be used to help standardize care.

Integrated (Multidisciplinary) Spinecare Teams Will Be

Comprised of Two or More of the Following :

-Chiropractic Physicians

-Neurologists

-Psychologists

-Rheumatologists

-Orthopedists

-Pain Specialists

-Anesthesiologists

-Exercise Specialists

-Neurosurgeons

-Psychiatrists

-Neuroradiologists

-Rehabilitation Specialists

-Basic Scientists

-Molecular Biologists

-Engineers

-Massage Therapists